

8 TIPS TO IMPROVE MEDICATION SAFETY

1

**LIST ALL YOUR
CURRENT MEDICINES**

2

**READ INSTRUCTIONS IN
PRESCRIPTION**

3

**TRY TO USE ONE
PHARMACY**

4

**READ LABELS FOR
DOSAGE AND EXPIRY**

5

**INFORM ALLERGIES AND
SIDE EFFECTS**

6

**FOLLOW UP WITH
DOCTOR**

7

**ORGANIZE YOUR
MEDICINES**

8

**DON'T SUGGEST YOUR
MEDICINES TO OTHERS**