## What to do in Case of Stroke

## **Symptoms**



Sudden numbness or weakness on one side of the face, arm or leg



Problems seeing in one or both eyes



Confusion or trouble speaking or understanding speech



Trouble walking or loss of balance

## Who is at risk



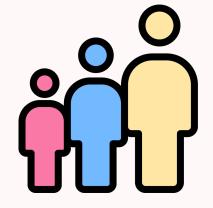
• Being overweight or obese



 Diabetes, high blood pressure, high cholesterol



Physical inactivity.Smoking



 Older age and family history

## During a Stroke, Every Minute Counts

- Alert someone nearby immediately & call for help
- Stay where you are to avoid falls. Sit or lie down
- Do not eat, drink, or take medicine
- Call an advanced life support ambulance
- Note the time when symptoms first appear
- If ambulance is delayed, drive the patient to the hospital
- Alert the emergency department in advance

There is no home treatment for strokes. ACT FAST



