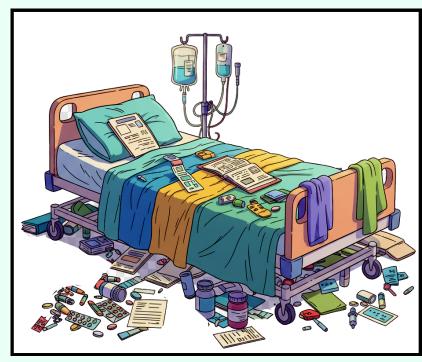
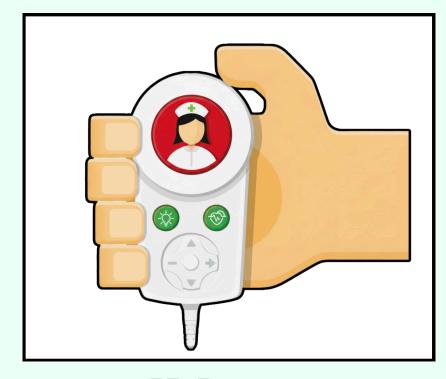
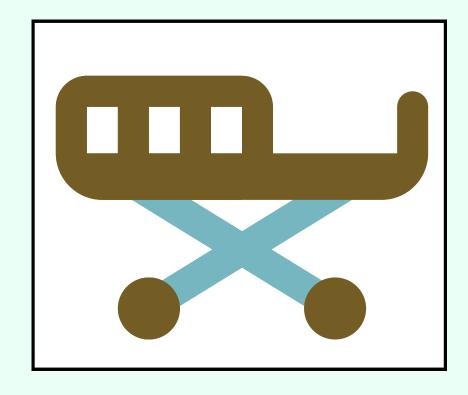
How can Patients prevent falls in Hospital



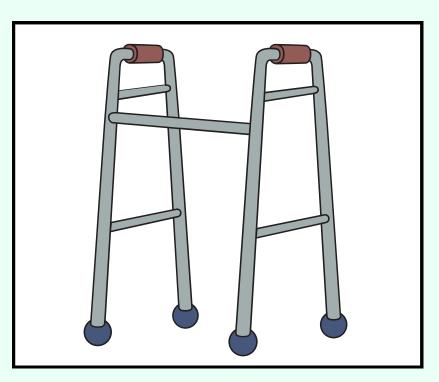
Keep surroundings free of clutter



Keep call button, near you seek assistance



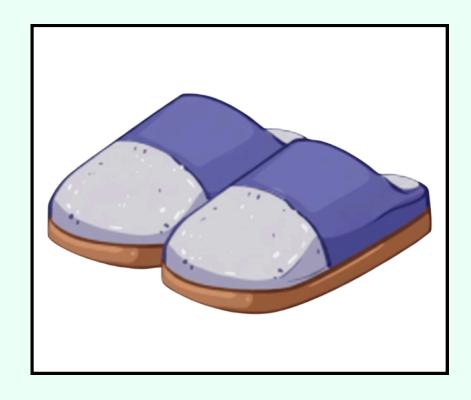
Always sit for some time before standing. Keep side guards of bed always up



Use a stick or walker while walking.



Use hand rails & stool in the bathroom



Wear non-slip footwear Do not walk in socks or barefoot

Stay Alert- Do Not Rely Only on Staff for Safety!



